



*North Carolina Medical Society*  
*Employee Benefit Plan*

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**CONTACT INFORMATION**

**For Group Administrator Service Only**

**Blue Cross and Blue Shield of North Carolina (Health Plan Administrator)  
& USABLE (Life Carrier)**

Adding Employees/Dependents, Terminating Employees/Dependents,  
Name Changes, Address Changes, Billing and Routine Maintenance

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***Help Employees Resolve Benefit and Claims Issues***

Phone: (800) 621-5015

**MetLife (Dental Carrier)**

Adding Employees/Dependents, Terminating Employees/Dependents,  
Name Changes, Address Changes, Billing and Routine Maintenance

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Questions regarding Rates, Pools, Renewal, and other  
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**Mellon HSA Services**

Phone: (866) 712-4551

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Phone: (800) 488-8757

**For Employee Service**

**Blue Cross and Blue Shield of North Carolina** (877) 275-9787  
**MetLife** (800) 275-4638  
**USABLE** (800) 370-5856  
**Mellon HSA Services** (877) 472-4200